

American Nicaraguan School  
Athletic Department  
Extracurricular Training Schedule  
I Semester 2010-2011

	Categories	Days					Time	Place	Coach
		Monday	Tuesday	Wednesday	Thursday	Friday			
<b>MINI TIGERS</b>	Grades 1-2 (Mixed)	Soccer	Basketball	Cooperative Games	Baseball		2:20-3:20pm	Soccer Field #1/CAA	Mr. Estrada Mrs. Pacheco + Asst.'s
<b>JUNIOR TIGERS</b>	Grades 3-4 (Mixed)	Cooperative Games	Soccer	Baseball	Basketball		2:20-3:20pm	Soccer Field #1/CAA	Mr. Valdivia + Assistants
<b>SOCCER TIGERS</b>	Grades 1-4 (Mixed)					*	2:20-3:20pm	Soccer Field #1	W.Ortiz + Assistants
<b>BASKET TIGERS</b>	Grades 1-4 (Mixed)					*	2:20-3:20pm	CAA#3	Mrs. Silva & Mrs. Pacheco
<b>GYMNASTICS</b>	Grades 1-8 (Mixed)	2 groups of 12 students, Mon. & Wed.		2 groups of 12 students, Mon. & Wed.			2:20-3:20pm	Elementary Basketball Court	Mr. Cuadra & Mr. Artola
			1 group of 12 students, Tues. & Thurs.		1 group of 12 students, Tues. & Thurs.				Mr. Artola
<b>CHESS</b>	Grades 1-12 (Mixed)						2:20-3:20pm	Technology Building (T-5)	Mr. Cuadra
<b>BASKETBALL</b>	Grades 5-8 (girls)						2:20-3:20pm	CAA#3	Mrs. Silva
	Grades 9-12 (girls)						3:30-5:00pm	CAA#1	Mr. Callahan
	Grades 5-8 (Boys)						2:20-3:20pm	CAA#3	Mr. Valdivia
	Grades 9-12 (Boys)						3:30-5:30pm ----- 2:20-4:30 (Fridays)	CAA#2	Mr. Valdivia
<b>SOCCER</b>	Grade 5 (Mixed)						2:20-3:20pm	Soccer Field #1	TBA
	Mosco Boys (Born 1997-1998)						2:20-3:20pm	Soccer Field #1	Mr. Mendez
	Boys' Junior Varsity (Born 1995-1996)				With Varsity Boys		2:20-3:30pm	Soccer Field #2	Mr. Mendez
	Boys' Varsity (Born 1994-Up)						3:30-5:00pm	Soccer Field #1	Mr. Mendez
	Mosco Girls (Grades 5-8)						2:20-3:20pm	Soccer Field #1	Mr. Urroz
	Girls' Varsity Grades 9-12						3:30-5:00pm 2:20-3:50pm (Friday only)	Soccer Field #2 Soccer Field #1	Mr. Urroz
<b>BASEBALL</b>	Grades 5-8 (Boys)						2:20-4:00pm	Soccer Field #2	Mr. Ocon + Assistant
	Grades 9-12 (Boys)						2:20-4:00pm	Soccer Field #2	
							3:30-5:00pm (Fridays)	Soccer Field #2	
<b>TRACK &amp; FIELD</b>	Grades 1-5 (Mixed)						2:20-3:30pm	Track	Mr. Aburto
	Grades 6-12 (Mixed)						2:20-3:45pm	Track	Mr. Aburto
<b>SWIMMING</b>	Grades 1-12 (Mixed)	1 group of 20 students, Mon. & Wed.		1 group of 20 students, Mon. & Wed.			2:20-3:20pm	Pool	Mr. Kulyk & Mr. Rosales
			1 group of 20 students, Tues. & Thurs.		1 group of 20 students, Tues. & Thurs.				
<b>VOLLEYBALL</b>	Grades 5-8 (Girls)						2:20-3:20pm	CAA #1	Mr. Brenes
	Grades 9-12 (Girls)						2:20-3:30pm	CAA #2	Mr. Estrada
	Grades 9-12 (Boys)						2:20-3:30pm	CAA #2	Mr. Brenes
<b>SWIMMING FOR "ABC" STUDENTS \$50 PER SEMESTER</b>	Grades 1-5 (Mixed)						2:20-3:00pm	Pool	Mr. Kulyk & Mr. Rosales

\*Shaded Areas: Practice Days